30 October 2025 Vol.16



# **FATIMA FOCUS**



The official newsletter of Our Lady of Fatima Dominican Convent School



# PRINCIPAL'S MESSAGE

I recently read an interesting fact that the Bible is still the most downloaded book on Kindle. In looking into it further, I discovered that it also appears at numbers 4, 6, 11, 16 and 18 on the list, simply because different versions of it are counted separately. It is also noted that across three of these versions, the most highlighted verse is the same, Philippians 4:6–7.

"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

I find that particularly meaningful as we enter exam season from Grades 7 to 12, when words like stress, nervous and anxious are used often in conversations with our girls. This final push before the long-awaited December holidays can feel heavy, and if the Kindle statistics are anything to go by, the world often feels the same way. It is important to remember though, that while anxiety and mental health challenges are more prevalent today, not all nerves are bad. Feeling butterflies before a big mathematics exam or an important waterpolo final, for example, is your body's way of preparing you, reminding you that it matters.

As we often remind our girls, reframing our mindset makes all the difference. So as we move into the busiest stretch of the term, with staff, girls and parents juggling exams, events and year-end activities, I hope you find small moments to pause, to breathe, to notice and to give thanks.

May you find peace in the fullness of this season, and may the God of all understanding guard your hearts and minds as we journey toward the year's end.

**Chantal Lourens** 

# FAITH AND FLOURISH

Finding God's Presence in Everything
Inspired by Hebrews 4:12
This week, I've been holding close the words from
Hebrews 4:12:

"For the word of God is living and active, sharper than any two-edged sword..."

I love how this verse reminds us that God isn't distant or silent. His Word is alive—moving, working, and shaping our hearts each day. He is present not just in the quiet moments of prayer, but in our classrooms, our friendships, and even in the challenges that test our patience and faith. As our school begins to shift into a quieter space with exams approaching, the hallways feel a little more focused, a little more still. It's a time when stress can easily take over, but also a time when God gently invites us to pause and lean into His presence.

God's Word cuts through the noise (and even the silence) of our days to remind us that He is right here—active, alive, and always working for our good. My prayer for all of us as we close the year is that we may find Him in the study sessions, the exams, the laughter, and the quiet—trusting that His living Word continues to shape us into the women of faith we're called to be.

In love and faith
Miss Nanak

# **STAFF NEWS**



Congratulations to Mrs. Mdolomba!
We're delighted to hear about the arrival of her baby last week. Wishing her all the best as she embarks on this wonderful new journey of motherhood. May this time be filled with love, joy, and precious moments with your little one, Zamo.

# **PARENTS' CORNER**

GRADE 1
ORIENTATION DAY
1 NOVEMBER
2025
IN THE SCHOOL
HALL

# **FOUNDATION PHASE**

The Grade 3 girls have been learning about the Bushveld. They have finished off this theme by using what they have learnt to explore their own sense of wonder. The girls worked with a partner to create a Bushveld themed project led by their own curiosity. They have created board games, Top trumps card games, field guides, posters, storybooks and poems. They so enjoyed presenting their projects to their classmate and Mrs Beegte. .



Grade 1 - 3 girls enjoying their galas and ball skills













# **SENIOR PRIMARY**

#### SENIOR PRIMARY ACADEMIC AWARDS

We congratulate the following learners on their marked academic improvement from Term 2 to Term 3.

G	R	Α	D	Е	4

Asimbonge Qwabe

#### **GRADE 5**

Lily Cooke

Olivia de Lange

Grace de Sousa

Simrin Munsamy
Olivia Peens

Riley Marais

#### **GRADE 6**

**Annie Davis** 

Willow Gunther

Tekoa Nyman

Jessica Reilly

#### **GRADE 7**

Courtney Becker

Sophie Campbell

**Alexis Challenor** 

Leah de Billot

Taia Hendra

Stella Johnston

Olivia Keyter

Torah Marais Phumela Mbele Lesedi Mohlafuno

Odelia Madurai

Davania Naidoo

Amelie Ozoux

Mikayla Perumal

**Natalie Speirs** 

We congratulate the following learners on achieving an aggregate of 80% or above in Term 3.

#### **GRADE 4**

Ava Blom

Lily Fouché

Daniella Govender

Sophie Grossberg

Elizabeth Hampton

Stella Harper

Mia Ludlow

**Allegra Sessions** 

#### **Grade 5**

**Hayley Bonnin** 

Grace de Robillard

Morgan Elliott

Rosetta Evans

Sophia Govender

oopina dovenac

Mia Govender

Joey Gregory

Isla Shaw

Mackenzie Judge

Stella Lewis

Nateya Naidoo

Ngobile Nhassengo

Rheya Pillay

Ivy Power

Leila Salmon

**Elizabeth Synders** 

Irrim Tayob

Rachel Vermaak

Lily Walker

#### GRADE 6

Lara Britz

Hanna Cassim

**Erin Childs** 

Sophie De Bufanos

Kate Hadiaris

.....

Samara Heffer

Liya Jugath PTO

Annabel Kruger

Nyakallo Lecheko

, Aarya Maharaj

- ' ... '

Emma Morgan

Ava Shotland

**Charley Springate** 

Dhiya Sukhraj

\_ , . . . .

Emily Van Laun

Karien Van Schalkwyk Mila Warther

#### **GRADE 7**

Alexandra Akal

**Courtney Becker** 

**Gehna Behary** 

Sophie Campbell

Karo Groenewald

Taia Hendra

Stella Johnston

Yueng-Tong Lien

Peyton Matthews

Layla Miller

Isabella Munsamy

Sanam Munsamy

Cara Paulus

Bianca Salmon

Madison Shaw

Natalie Speirs

Grace York

#### SPEECH AND DRAMA ASSOCIATION SHOWCASE

Congratulations to the following Grade 5 girls: Lily Walker, Elizabeth Snyders, Jessica Winstanley, Donna Mack and Nateya Naidoo who were selected to present their individual poems at the annual Speech and Drama Association Showcase. They participated this past Saturday at Westville Senior Primary and showcased their talents along with many other local Ethekwini schools, including boys from our brother school, DPHS.

Each girl performed confidently and thoroughly enjoyed her experience.



Smiles, skills and great hockey. Our Senior Primary girls are loving the indoor leagues this term. Fatima have also hosted a friendly gr 3 - 7 co-ed gala this term. Well done to all the swimmers



INDOOR HOCKEY DURBAN LEAGUE				
U10A				
OPPONENT	RESULT	SCORE		
DGC A	LOST	3-2		
CHELSEA A	LOST	3-0		
UMHLALI A	DREW	0-0		
PENZANCE A	DREW	1-1		
NORTHLANDS A	DREW	1-1		
VIRGINIA A	LOST	1-0		
U10B				
OPPONENT	RESULT	SCORE		
GLENWOOD A	LOST	4-0		
CHELSEA B	LOST	1-0		
UMHLALI B	DREW	0-0		
PENZANCE B	DREW	1-1		
NORTHLANDS B	LOST	3-2		
VIRGINIA B	LOST	3-2		
U11A				
OPPONENT	RESULT	SCORE		
PENZANCE A	WON	3-0		
UMHLALI A	DREW	2-2		
DGC A	LOST	2-0		
CHELSEA A	WON	2-0		
NORTHLANDS A	WON	2-0		
VIRGINIA A	WON	2-1		
U11B				
OPPONENT	RESULT	SCORE		
REDDAM HOUSE UMHLANGA	NOW A	6-0		
UMHLALI B	WON	2-1		
DGC B	WON	3-0		
ST HENRYS A	WON	4-0		
NORTHLANDS B	WON	3-1		
VIRGINIA B	LOST	1-0		

	U13A			
OPPONENT	RESULT	SCORE		
UMHLALI A	WON	1-0		
GLENWOOD A	WON	10-0		
DGC A	LOST	2-0		
	U13B			
OPPONENT	RESULT	SCORE		
UMHLALI B	WON	3-2		
ATHOLTON A	WON	5-0		
ASHTON B	LOST	3-0		
	U13C			
OPPONENT	RESULT	SCORE		
DGC C	WON	2-0		
MARIS STELLA C	WON	3-0		
ASHTON C	LOST	7-0		
ST HENRYS B	WON	3-0		
	U13D			
OPPONENT	RESULT	SCORE		
VIRGINIA D	LOST	2-0		
UMHLALI D	LOST	4-0		
VIRGINIA D	LOST	3-0		
INDOOR HOCKEY ST MARYS LEAGUE				
U10A				
OPPONENT	RESULT	SCORE		
HILLCREST A	WON	1-0		
WESTVILLE A	WON	1-0		

U11A INDOOR				
OPPONENT	RESULT	SCORE		
HILLCREST A	WON	5-0		
WESTVILLE A	WON	4-0		
U13/	A INDOO	R		
OPPONENT	RESULT	SCORE		
OPPONENT DGC A	RESULT LOST	SCORE 2-0		
DGC A	LOST	2-0		

U13A MARIS STELLA INDOOR HOCKEY TOURNAMENT				
OPPONENT	RESULT	SCORE		
PENZANCE	DREW	0-0		
GLENWOOD	WON	1-0		
NROTHLANDS	WON	1-0		
ASHTON	WON	3-0		
VIRGINIA	WON	1-0		
MARIS STELLA	WON	5-0		

U13A KZN TOP SCHOOLS WATER POLO TOURNAMENT			
U11		2227	
OPPONENT	RESULT	SCORE	
ASHTON	WON	10-0	
VIRGINIA	WON	6-1	
CHELSEA	LOST	4-1	
REDDAM HOUSE UMHLANGA	WON	6-4	
NORTHLANDS	WON	5-0	
SEMI FINALS VS UMHLALI	LOST	5-1	
3 <sup>RD</sup> AND 4 <sup>TH</sup> PLAYOFFS VS DGC	LOST	5-3	
4 <sup>™</sup> OVERALL OUT	OF 10 SCHOOL		

NETBALL PENZANCE LEAGUE				
U11A				
OPPONENT	RESULT	SCORE		
ORIENT 2	WON	17-0		
ORIENT 1	WON	27-6		
PENZANCE 2	WON	24-4		
PENZANCE 1	WON	14-9		
VIRGINIA	WON	11-10		
PORT NATAL	WON	25-1		
	U12A			
OPPONENT	RESULT	SCORE		
PORT NATAL	WON	15-5		
ORIENT	WON	20-2		
PENZANCE 2	LOST	24-4		
VIRGINIA 1	LOST	13-9		
GLENMORE	LOST	13-11		





### **KZN TENNIS**



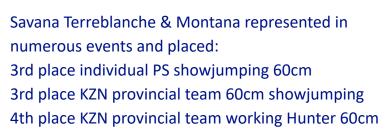
Congratulations to Rosetta Evans on her selection into the U13B KZN Tennis team for 2026. Rosetta will represent KwaZulu-Natal at the Tennis South Africa (TSA) Inter-Provincial Tournament (IPT) to be held from 7–11 January. Well done Rosetta!

## **HORSE RIDING**



Amelie Ozoux & King represented in numerous events and placed:

1st & 2nd place in in PS prelim dressage Provincial 4th place team placing for Working Hunter 60cm PS





Charlotte Goble and Legend represented for Dressage, Equitation, Show jumping, Working Hunter and Working Riding.



# **HIGH SCHOOL**

Well done to our 1<sup>st</sup> Team and 2<sup>nd</sup> team netball girls who competed in the DGC Stayers tournament over the weekend.

Well done to Langa Mabanga and Emma Schoombee who were selected into the All Stars Team (Top 10 Players)

	DGC STAYERS TOURNAMENT						
TEAM	OPPONENT	RESULT	SCORE	TEAM	OPPONENT	RESULT	SCORE
OLOF 2	vs St Anne's 1st	Lost	11 - 12	OLOF 1	vs Danville 2 <sup>nd</sup>	Won	23 - 5
OLOF 2	vs Luthayi 1st	Lost	4 - 12	OLOF 1	vs St Mary's 1 <sup>st</sup>	Won	27 - 3
OLOF 2	vs Ashton 1st	Lost	6 - 15	OLOF 1	vs St Anne's 2 <sup>nd</sup>	Won	21 - 5
OLOF 2	vs DGHS 1st	Won	15 - 9	OLOF 1	vs TMC 1 <sup>st</sup>	Won	21 - 5
OLOF 2	vs Curro 1st	Won	13 - 11	OLOF 1	vs DGC 1 <sup>st</sup>	Won	16 - 6
OLOF 2	vs Danville 1st	Lost	2 - 17	OLOF 1	vs Luthayi (Final)	Lost	8 - 10
	Finished 11 <sup>th</sup> Overall Finished 2 <sup>nd</sup> Overall						





Well done to all of our hockey girls who went up to Thomas More to play some friendly indoor games.

FRIENDLY INDOOR MATCHES					
TEAM	TEAM OPPONENT RESULT SCORE				
Junior 1	vs TMC U16A	Won	9 - 0		
Senior 1	vs TMC 1 <sup>st</sup>	Won	9 - 1		
Senior 2	vs TMC 2 <sup>nd</sup>	Won	3 - 0		

#### **1ST TEAM WATER POLO**

Our 1st Team Water Polo girls participated in the Reddam Bedfordview Stayers Tournament. The girls demonstrated incredible determination and true Fatima spirit throughout the weekend, finishing in 11th place overall. We are immensely proud of their effort and teamwork and look forward to seeing what they will achieve next year.

We were also encouraged to witness their support for our U14A team, as they travelled by bus to different venues to watch them play. This reflects the strong sense of sisterhood at our school, which is well-known and sets us apart.

REDDAM BEDFORDVIEW STAYERS TOURNAMENT				
TEAM	OPPONENT	RESULT	SCORE	
1st Team	vs Stithian's 2 <sup>nd</sup>	Lost	5 - 7	
1st Team	vs St Mary's Kloof 1 <sup>st</sup>	Won	8 - 1	
1st Team	vs Steyn City	Lost	1 - 6	
1st Team	vs Roedean Invitational	Lost	6 - 8	
1st Team	vs Affies 1 <sup>st</sup>	Won	10 - 2	
Finished 11 <sup>th</sup> Overall				

#### **U14 WATER POLO TOURNAMENT CHAMPIONS**

The U14A Water Polo girls delivered an exceptional performance at the Roedean U14A Tournament, winning all eight matches, including a thrilling 5–4 victory over Reddam Constantia in the final. Their triumph makes them the first Durban school to win this prestigious event. The team completed a flawless season, remaining undefeated and winning both tournaments they entered.

REDDAM BEDFORDVIEW STAYERS TOURNAMENT					
TEAM	OPPONENT	RESULT	SCORE		
U14A	vs Chisipit Senior School	Won	12 - 0		
U14A	vs St Cyprian's	Won	8 - 2		
U14A	vs Kingsmead College	Won	8 - 2		
U14A	vs Rhenish	Won	6 - 2		
U14A	vs DSG	Won	8 - 1		
U14A	vs St Anne's (Quarter Final)	Won	10 - 4		
U14A	vs DGC (Semi Final)	Won	11 - 4		
U14A	vs Reddam Constansia (Final)	Won	5 - 4		
	Finished 1 <sup>st</sup> Overall!				











### **KARATE CHAMPIONSHIP**

Last weekend, Jenna-Lee Atkinson represented KZN at the KSA League 2 All Styles Karate Championship in Johannesburg, winning three gold medals (Individual Kata, Team Kumite, and Team/Unison Kata) and one silver (Individual Kumite).

We're incredibly proud to announce that Jenna-Lee has been selected for the SASCOC team to represent South Africa at the 4th African Youth Games in Angola this December.

# **HIGH SCHOOL**

### Congratulations to the following girls who made the KZN Indoor **Hockey Teams for 2025!**



Olivia Barrett **KZN U14A** 



Shriya Nadrajah **KZN U14A** 



Gaby Mkize KZN U14A



Sienna Pema KZN U14B



Chloe Reeves KZN U14B



Charly-Rose Boyall Zoey Seppings KZN U16A



KZN U16A



**Becca Short** KZN U16B



Gabi Howarth KZN U18A



Mia Lopes KZN U18B



**Angelina Hall** KZN U18B

### Congratulations to the following girls who made the KZN Action **Netball Teams for 2026!**



Mihlali Tshobisa KZN U14



Isabella Kitching KZN U15



Mika Gouws KZN U16



Alexis Ahearne **KZN U16 & U19** 



Nikita Parsons **KZN U16 & U19** 



**Zoey Quigley** KZN U17



Chloe Geldenhuys **KZN U19** 

# **CULTURAL**

#### **KZN YOUNG PERFORMERS' CONCERT**

We are so proud of our Grade 7 learner, Sophia (Yiling) Lyu for playing in the KZN Young Performers' Concert at the Playhouse this weekend. Performing alongside the cream of KZN's music and vocal students, supported by the KZN Philharmonic Orchestra, Sophia played a movement of a piano concerto. She was one of the youngest performers on stage and played with both passion and poise. A bright future ahead!





### **OUR LADY OF FATIMA DANCERS SHINE IN COMPETITIONS**

Our Fatima dancers achieved outstanding results at recent regional and national competitions, with some preparing to perform internationally next year.

**Cailee Adams** won two bronze, two silver, and two gold awards at the South African Championships of Performing Arts and was selected to represent South Africa at the World Championships in Los Angeles.

At the Move regional and national competitions in Cape Town:

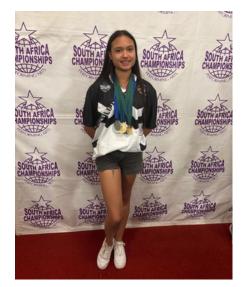
**Erin Baird** earned top placements in ballet and contemporary groups and qualified to dance at Disney World, USA. **Amber Barkus** achieved two second places for hip hop trios.

**Eva Barkus** placed second for her contemporary solo.

Rafaela Roche won first place for her contemporary solo.

Sarah Smith earned multiple first and second places across ballet and contemporary categories and also qualified for

Disney World, USA.





# **HIGH SCHOOL MUSIC CAFE**

Our high school quad was transformed into a charming piazza for this term's Music Café. Our budding musicians showcased their incredible talent, passion, and creativity, captivating everyone with their performances. From vocals to vibrant instrumentals, each act reminded us of the remarkable talent within our school.







## **FATIMA FAMILIES**



# **CHATTING FOR CHARITY**

Last Friday, we held Chatting for Charity, an inspiring impromptu speaking event where girls showcased their quick thinking and shared empowering stories. The evening was filled with laughter and meaningful conversations, raising funds to provide school uniforms and shoes for the children of St Martin's Diocesan Home—a true reminder that great conversation can create real change.



# **MATRIC VISUAL ART**

This year, the IEB presented Matric Visual Art students with the engaging theme of "Secrets and Surprises." Our Matrics explored, experimented, and developed their own interpretations of this theme. Their work addressed various aspects, including censorship, the decolonial displacement of art, the creation of imaginary worlds, and more personal themes such as choices in life partners and the inherited traits that come with their secrets and surprises.

Congratulations to our Matrics and Mrs Smith for a very successful exhibition

